



# The Pennsylvania Geriatrics Society – Western Division

*Promoting geriatric education to all healthcare professionals*

## 2020 GERIATRICS TEACHER OF THE YEAR AWARD

*The Society is pleased to announce the Recipients of the Geriatrics Teacher of the Year Award.*

**The Award is presented to outstanding teachers for their dedication and commitment to geriatrics education.**

Each exemplifies geriatrics teaching excellence and has made significant contributions to the education and training of learners in geriatrics and to the progress of geriatrics education across the health professions.

### AMY M. WESTCOTT MD, MHPE, CMD, FAAHPM, AGSF

**Amy M. Westcott, MD, MHPE, CMD, FAAHPM, AGSF**, is the recipient of the 2020 Geriatrics Teacher of the Year Award. Dr. Westcott joined the faculty at the University of Pennsylvania following her Geriatric Medicine and Hospice and Palliative Medicine Fellowships at the University of Pennsylvania. During her tenure at the university, she created and implemented system-wide interprofessional geriatric education across undergraduate and graduate medical education.

Dr. Westcott was recruited to serve as Associate Professor, Geriatric and Palliative Medicine, Pennsylvania State College of Medicine in 2014. While at Penn State she designed, launched, and obtained ACGME-accreditation for the Hospice and Palliative Medicine Fellowship as well as developed a teaching nursing home that incorporated a longitudinal experience for Family Medicine Residents, patient navigation opportunities for medical students and medical direction electives for Internal Medicine Residents.

In 2018, Dr. Westcott accepted an industry position with Optum, a health care coordination and delivery organization, as the Medical Director for the Pennsylvania and Delaware-based providers, where she utilizes her skills as a teacher, educator, and role model for over 150 advance practice providers. In this role she is most passionate to improve the quality care in long-term care through coaching her team on communication skills related to advance care planning and de-prescribing.



### ELIZABETH A. MULVANEY, MSW, LCSW

**Elizabeth A. Mulvaney, MSW, LCSW**, Lecturer, University of Pittsburgh, School of Social Work (SSW), is the recipient of 2020 Healthcare Professional Geriatrics Teacher of the Year Award. Ms. Mulvaney holds a clinical social work license in Pennsylvania and has 14 years practice experience as a gerontological social worker providing medical, care management, and program administration services, with experience in long-term care including behavioral care planning, dementia care, and end of life care.

Ms. Mulvaney served as the first Hartford Partnership Program for Aging Education (HPPAE) Coordinator at the University of Pittsburgh from December 2005 to 2011. As coordinator, she played an instrumental role in operationalizing a program design into a successful model for geriatric practice and leadership training, organizing fellowships in aging, aligning with the purpose of the program to partner with community agencies to innovate and change geriatric social work education and develop new practitioners.

Ms. Mulvaney's current research and practice interests include geriatric workforce development, Alzheimer's disease and related dementias, ethics, palliative care and problem gambling prevention for older adults. She has also been part of the team working on the Health Resources Services Administration grant funded Geriatric Workforce Enhancement Program for the past four years, which is designed to improve health and human service professionals' capacity to serve people with dementia and their families.



### SANDRA L. GILMORE, RN, MS

**Sandra Gilmore, RN, MS**, is the recipient of the 2020 Lifetime Achievement Award. Ms. Gilmore was a practicing nurse for nearly 40 years and spent her entire nursing career with UPMC. She most recently served as Lead Geriatric Outreach Nurse for UPMC's Living-at-Home Program, providing outreach services to independent living residents at UPMC Senior Communities and in their own homes, prior to her retirement in the summer of 2019.

In this role, Ms. Gilmore was responsible for providing monthly blood pressure screenings and health education to nearly 1,000 older adults located throughout the Pittsburgh region. She worked tirelessly to educate the senior population about flu prevention and vaccination and provided flu shots to seniors whenever possible.

Dedicated to teaching and mentoring, Ms. Gilmore was instrumental in garnering interest in geriatrics to countless nursing, pharmacy, public health, medical, and social work students from local universities. Ms. Gilmore also spoke yearly to high school students at the Pennsylvania Governor's Schools to promote careers in geriatrics, understanding the importance of promoting the field of geriatrics to the next generation of clinicians.

