

PENNSYLVANIA GERIATRICS SOCIETY

WESTERN DIVISION



AN AFFILIATE OF THE AMERICAN GERIATRICS SOCIETY

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30th Annual *Virtual* Clinical Update in **GERIATRIC MEDICINE**



March 31 -
April 1, 2022

Please join us for the **30th Annual Clinical Update in Geriatric Medicine on March 31-April 1, 2022**, live online. Presented jointly by the Pennsylvania Geriatrics Society–Western Division, UPMC/University of Pittsburgh Aging Institute, and the University of Pittsburgh School of Medicine Center for Continuing Education in Health Science, this conference offers an evidence-based approach to help clinicians provide superb care for their patients. CME credits are available to participants.

A recipient of an American Geriatrics Society State Achievement Award, the virtual event includes an outstanding agenda of lectures and panel discussions with live question-and-answer sessions, vendor halls, and opportunities to engage with course speakers, exhibitors, and fellow attendees. This year, we are delighted to welcome distinguished guest faculty **Lewis Lipsitz, MD**, Professor of Medicine, Harvard Medical School and Director of the Hinda and Arthur Marcus Institute for Aging Research and **Mary Tinetti, MD.**, Professor of Medicine, Institute for Social Policy Studies, Yale School of Medicine.

Due to popular demand, the “Geriatric Cardiology Expert Panel” is back with **Parag Goyal, MD, MSc**, Assistant

Distinguished Guest Faculty



Lewis Lipsitz, MD



Mary Tinetti, MD

Professor, Weill Cornell Medicine, New York; **Daniel Forman, MD**, Professor of Medicine, Division of Geriatric Medicine University of Pittsburgh School of Medicine; and **Deirdre O’Neill, MD, MSc, FRCPC**, Assistant Professor, Division of Cardiology, Department of Medicine, University of Alberta, Canada. All three physicians will participate in a live, rapid-fire question-and-answer session.

Thank you to course directors Shuja Hassan, MD, Neil M. Resnick, MD, and Lyn Weinberg, MD, along with the society’s planning committee for coordinating this exceptional program. To view the complete conference agenda and details, click below.

Members of the Pennsylvania Geriatrics Society receive a discount.

[Register Here](#)

Thank you to our
Premier and
Partnering
Organizations:

Premier Partners:

Highmark Blue Cross
Blue Shield and Allegheny
Health Network
UPMC Health Plan

Partnering Organizations:

Allegheny Health Network
(AHN) - Forbes Family
Medicine
Community LIFE
Heritage Valley Health
System
UPMC McKeesport Family
Medicine Residency
Program
UPMC Mercy
UPMC Palliative and
Supportive Institute
UPMC St. Margaret
UPMC Senior Communities
UPMC Shadyside
Department of Medicine
Washington Health System
Geriatric Medicine
Fellowship Program

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Fall Program: A Virtual Success

More than 65 internists, family practitioners, geriatricians, pharmacists, nurses, nursing home administrators and social workers attended our virtual Fall Program on November 10, 2021.



Featured guest faculty and author Jason Karlawish, MD presented, *The Problem of*

Alzheimer's – How It Became a Crisis and What We Need to Do About It.



Thank you to Presbyterian SeniorCare Network for their generous support of the program and the Jewish Healthcare Foundation for providing technical support.

Ask Others to Join!

Strengthen our voice and ask others to become members of the Pennsylvania Geriatrics Society - Western Division today. Members are an integral part of the Society and aid in our mission.

Member Fees:

Physician 1-year	\$75
Physician 2-year	\$140
Healthcare Professional 1-year	\$50
Healthcare Professional 2-year	\$90
Resident	Free
Medical Student	Free

For more information visit pagswd.org

Making a difference in the lives of people living with dementia



Dementia Friends Pennsylvania is part of a global initiative to change the way people think, act and talk about dementia.

Administered by the Jewish Healthcare Foundation, the program seeks to push back against the stigma of dementia and implement practical changes to best support people living with this condition.

Stacie Bonenberger, MOT, OTR/L and Anneliese Perry, MS, NHA serve as the program's statewide coordinators. Their outreach efforts include free (in-person and virtual) 60-minute interactive information and training sessions. Participants have the opportunity to serve as "Champions," where they in turn, are able to provide the training sessions within their communities. The curriculum has also been adapted for elementary, middle and high school students.

Community members who attend a Dementia Friends information session learn to: describe dementia; identify the most common type of dementia; understand five key messages about dementia; learn ways to effectively community with a person living with dementia; and implement a dementia-friendly action.

Thanks to the support of numerous partners across the state and generous funding from the Pennsylvania Department of Aging, there are more than 7,300 Dementia Friends (participants) and approximately 200 Dementia Friends Champions. For more information, visit dementiafriendspa.org



Dementia Friends Pennsylvania Needs Your Help!

Dementia Friends Pennsylvania is seeking assistance in identifying PA residents who are living with dementia (and their care partners, if applicable), and willing to share their journey and experiences for a new educational video. To learn more about the video project, please [click here](#).

30th Annual *Virtual*
Clinical Update in
**GERIATRIC
MEDICINE**

Geriatric Cardiology Expert Panel



Parag Goyal, MD



Daniel Forman, MD



Deirdre O'Neill, MD

Register Here!

WELCOME INCOMING FELLOWS:

UPMC St. Margaret Geriatric Fellowship

Tiffany Corbean, MD, from Dayton, OH, is completing her residency in family medicine in Columbus, OH. She enjoys writing and outdoor activities and is looking forward to moving to Pittsburgh.



Dan Hedayati, MD, completed a dual residency program in family medicine and psychiatry with UPMC. He is interested in integrated behavioral health and the application of therapeutic approaches in general practice.



Katelyn Rogers, DO, from Ortonville, MI, received her undergraduate degree in microbiology at Northern Michigan University and attended medical school at Michigan State University College of Osteopathic Medicine. She is a third-year resident at UPMC St. Margaret Family Medicine Residency, where she will be staying for her geriatric fellowship.



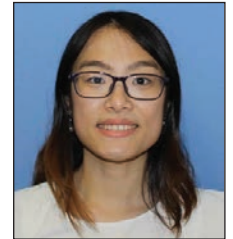
University of Pittsburgh, Division of Geriatric Medicine

Ruthanne Sobecki, MD, grew up in Toledo, OH and attended Fordham University where she received a Bachelor of Science in Biology. She attended medical school at Pacific Northwest University of Health Sciences in Yakima, WA, and is currently in her third year of residency at the UPMC Shadyside Family Medicine program.



Washington Health System

Cheuk Mun Au, MD, was born in Hong Kong and attended medical school at the University of Queensland in Australia. She completed her Family Medicine residency at Royal Australian College of General Practitioner in Murgon, Australia. She enjoys reading, cycling, traveling, and basketball.



CONGRATULATIONS OUTGOING FELLOWS:

UPMC St. Margaret Geriatric Fellowship

Alyssa D'Addezio, MD, completed her residency at UPMC St. Margaret in 2021 and will finish the Geriatric Fellowship at UPMC St. Margaret this year. After graduation, Dr. D'Addezio will join an outpatient primary care group in Pittsburgh and will continue practicing Geriatrics in personal care homes in the area.



Kaylee Dakers, DO, completed her family medicine residency at UPMC St. Margaret in 2021. After graduating from the Geriatric Fellowship at UPMC St. Margaret, Dr. Dakers will continue to practice geriatrics by caring for nursing home patients in the Denver area.



PENNSYLVANIA GERIATRICS SOCIETY - WESTERN DIVISION

Dan Buhlinger, MD, completed his residency in family medicine at UPMC St Margaret in 2021 and is finishing a Geriatric Fellowship there as well. After graduation, Dr. Buhlinger will join a full-spectrum family medicine group and continue to practice both inpatient and outpatient medicine.



Shauna M. Assadzandi, MD, is from Perryopolis, PA. Her passion for geriatrics began at a young age, spending time in a long-term care facility with a family member. She completed her residency at West Virginia University. Dr. Assadzandi will join the faculty at UPMC Division of Geriatric Medicine this summer where she will focus on quality improvement in long-term care and delivering teledementia services to rural communities.



University of Pittsburgh, Division of Geriatric Medicine

Jayasri Duggirala, MD, completed an Internal Medicine Residency at Blake Medical Center in Bradenton, FL. After graduating from her fellowship at UPMC Shadyside Family Medicine, Dr. Duggirala plans to return to Florida to pursue a career incorporating geriatric medicine principles to primary care.



Simin Nasr, MD, was born and raised in Iran and worked there as an OB/GYN for seven years. After immigrating to the United States, she joined the All-Saints Family Medicine Residency program in Milwaukee, WI. After completing her UPMC Geriatric Medicine fellowship, Dr. Nasr plans to train the next generation of primary care physicians as a family medicine faculty.



Marie Cris B. Tamesis, MD, who was born in the Philippines, graduated from Far Eastern University Institute of Medicine and practiced as a general physician in the Philippines. She completed her residency at Conemaugh Health System, Duke LifePoint Healthcare in Johnstown, PA, where she was one of the chief residents. After completing her fellowship, Dr. Tamesis plans to become a clinician educator in Geriatric medicine.



Washington Health System

Ishwar Bhattarai, MD., grew up in Kathmandu, Nepal. He attended college at Nepal Science Campus and medical school at BP Koirala Institute of Health Sciences. He completed his Family Medicine residency at Royal Australian College of General Practitioners in Murgon, Australia. After graduating from his fellowship in 2021, Dr. Bhattarai joined the program as a clinical instructor.



Pennsylvania Geriatrics Society - Western Division

Serving as a resource in providing information and educational programming among a society of professionals who are dedicated to advancing clinical care and quality of life for the elderly.

Mark Your Calendar



PA Geriatrics Society – Western Division
30th Annual Clinical Update
in Geriatric Medicine:
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Virtual
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Society of General Internal Medicine
2022 Annual Meeting
Dimensions of a Generalist Career:
Discovery, Equity and Impact
April 6 – 9, 2022
Orlando, FL
For details: sgim.org



American College of Physicians –
Internal Medicine 2022
April 28 – 30, 2022
Chicago, IL
For details: acponline.org



American Geriatrics Society 2022 –
Annual Scientific Meeting
May 12 – 14, 2022
Orlando, FL
For details: americangeriatrics.org

COVID-19 Dashboards

Find the latest data, maps, and charts tracking cases, deaths, and trends of COVID-19 in Allegheny County residents, [here](#).

